



*“Commit your activities to the Lord and your plans will
be achieved.”
Proverbs 16:3*

Athletics Handbook

13909 Smoketown Road- Woodbridge, VA 22192-703-670-3822

PHILOSOPHY OF ATHLETICS:

Athletics can be a great way to learn lessons about everyday life. But what is really extraordinary is when you can take athletic lessons and apply them to your spiritual life. Athletics is another opportunity for our students to bring glory and honor to the Lord.

Although winning is fun and we will always strive to win, the primary focus of our athletic program is to provide a balanced program that consists of mental strength, physical skills and Christ like attributes preparing the athletes to be leaders in our society. This focus will be emphasized by all coaches, parents, volunteers and athletes.

Our athletic program attempts to provide well balanced interscholastic activities for as many athletes as possible, based upon the availability of personnel, facilities and financial support. While coaches will try to play as many players as possible, not all athletes may get the opportunity to play.

AFFILIATIONS

Christ Chapel Academy is a member of the Northern Virginia Independent Athletic Conference (NVIAC). Member schools include: Ad Fontes Academy (AFA), Christian Faith and Fellowship School (CFFS), Calvary Road Christian School (CRCS), Fairfax Home School (FHS), Fairfax Christian School (FXC), Hearts Home School (HHS), Islamic Saudi Academy (ISA), Northern Virginia Christian Academy (NVCA), Trinity Christian School (TCS), Trinity at Meadow View (TMV), Virginia Academy (VAA), and Word of Life Academy (WOLA).

Christ Chapel Academy is also a member of the Capital Area Athletic Conference (CAAC). Member schools include: Evangel Christian School in Colonial Heights Virginia (ECS), Southside Baptist School in Richmond (SBS) and Word of Life Academy (WOLA).

Student Athletic Eligibility

1. Participation in any tryouts, practices or games of any sport requires a physical form filled out by a doctor stating that the athlete is in the required physical condition for the sport. You can obtain a sports physical form in the school office from the nurse, Miss Boros or at www.vhsl.org . This form must be on file with the Athletic Director prior to tryouts. If you have not had a physical before tryouts then your parents must sign a waiver form in order for you to try out. **Physicals are given at CCA each August for a fee of \$30.00 by Doctor Peter Mendel.**
2. The athletic fee of **\$65.00** per sport/per student and all forms must be turned in to the Athletic Director before the athlete will receive their uniform for the season or participate in the first game of the season. All checks are to be made payable to Christ Chapel Academy.
3. A student will be placed on academic probation when he/she receives an "F" in any subject or fails to maintain a "C" average overall in all core subjects. The evaluation occurs when grades are reported via interims or report cards. Any athlete who does not meet these criteria will be placed on academic probation. Probation will be re-evaluated after a week and will continue until the grade is brought up. Students on academic probation may not participate in any extra-curricular activities. **Probation goes into effect the Monday after interims or report cards are mailed.**
4. Any student on academic probation during a tryout will be eligible to tryout but will continue to be on academic probation until the grade is brought up to CCA standards.
5. An athlete may also be found ineligible if his/her behavior or cooperation in the academy is found unacceptable by athletic director, administrator or principal.

6. Each Friday the Athletic Director will send out an email asking teachers for athlete's names that failing a class, being disruptive during class or are not doing assignments. I ask for all teachers' cooperation on this as we can get the athletes on the right path before interims or report cards are issued. The Athletic Director will speak with the athlete and the coach.
7. If an athlete wishes to practice or play in a game the day of PE class they must be dressed properly and participate in class. If they do not they will be ineligible to practice or play that day.
8. Students must be in school for half of the day on the day of a game or practice if not they will be ineligible to participate in that day game or practice.

Behavior Standards for Student Athletes, Coaches and Parents

Christ Chapel Academy conducts an interscholastic sports program to teach sportsmanship, team work and to develop Christian character in each athlete. Competitive sports bring out the best in all of us and we expect each student, coach and parent to demonstrate Christ in all aspects of competition.

Parents are expected to volunteer throughout each athletic season. This may require keeping the books, working the concession stand, cleaning the gym after games and any other events/work that may arise. The girl's parents can volunteer during the boy's games and the boys parents can volunteer during the girl's games. This way you will not miss watching your son or daughter play. Parents of golf, soccer, volleyball, and cheerleading will also need to volunteer throughout the school year also. This can be driving to games, contributing to the concession stand, Family Fun Night, the golf tournament or any other athletic event that takes places during the school year.

Uniforms

All uniforms are property of Christ Chapel Academy. In essence they should not be altered in any way whatsoever. All uniforms are to be turned in cleaned and marked with your athlete's name one week after the season comes to a close. Your athlete will receive a bill for all uniforms not turned in within that week or **returned damaged or stained.**

Student Participation

Playing a sport requires time and dedication. Each athlete is expected to participate in all practices, games and any other event which may occur during the season. If for any reason your athlete will miss a practice or game you are to call or email the athletic director as she can pass the information along to the proper coach. We would appreciate a 24 hour notice if possible for appointments or other reasons to miss a practice. If an email or phone call is not received this will count as an unexcused absence. The following actions will take place if there is an unexcused absence:

- 1st-Coaches decision
- 2nd- game suspension
- 3rd-two game suspension
- 4th- off of the team for the remainder of the season

I have read the policy and understand what the expectations are for the athlete and his/her family.

Student signature and date

Parent signature and date